

# 想见你 Want To See U

## 2020 健美操社百团大战招新

### 2020 Fresh Fair

#### 健美操社招新

西交利物浦大学健美操社成立于 2011 年。健美操是融体操、音乐、舞蹈于一体的追求人体健康与美的运动项目，其具有体育、舞蹈、音乐、美育等多种社会文化功能。我们旨在让更多的同学通过本社了解到健美操独特的美，并在锻炼的同时收获快乐。并且社团内部设立啦啦队，为同学们提供演出的机会。宣传舞蹈视频也会在不久之后发布在公众号上。我们的训练活动时间为每周三晚上 19: 30。

Xjtlu Aerobics Club was founded in 2011. Aerobics is a sport that integrates gymnastics, music and dance in the pursuit of human health and beauty. It has various social and cultural functions such as sports, dance, music and aesthetic education. We aim to let more students know the unique beauty of aerobics through the club, and at the same time to exercise the harvest of happiness. Moreover, the club set up cheerleaders to provide performance opportunities for students. To promote dance video will also be released in the near future, the public. Our training activities for 7:30 every Wednesday night.

健美操社日常的活动以旨在健身塑形为主，每周一次进行的训练，我们会请到专业的老师来进行教学，包括热身，素质训练和专业健美操的教学活动，除了保持身体健康外，可以帮助大家健身塑形。有小伙伴一起运动，就不会缺乏动力和感到枯燥啦。

The daily activities of Aerobics club are mainly aimed at keeping fit and shape. Once a week for training, we will invite professional teachers to teach, including warm-up, quality training and professional calisthenics teaching activities, in addition to keeping healthy, can help you keep fit and shape. Having a small partner to exercise together, will not lack of motivation and feel boring.



除了一周一次的专业课之外，我们会根据同学们的需要开设兴趣课程，学习各种各样的舞蹈，内容由社内投票决定，来增加同学们的兴趣。我们也会在不定时间挑选一些表现优秀的同学加入一些啦啦队的舞蹈表演。

In addition to the specialized courses once a week, we will offer interest courses according to the needs of students, learn various kinds of dances, and the content will be decided by voting within the club, so as to increase the interest of students. We will also select some outstanding students to join some cheerleading dance performances

## 啦啦队 Cheerleading

*We Have*

*Professional coaches*

我们有专业的指导教练，小班式详细指导

*A variety of dance styles*

多样的舞蹈风格，无论是花球，啦啦操，还是欧美风爵士风，各种风格任你驾驭，各类舞蹈随你挑选

*Frequent performance opportunities*

频繁的演出机会，校内校外任你发挥，为你搭建展示的舞台

热爱舞蹈的同学们千万不要错过加入啦啦队的机会哦

*Don't miss the opportunity to join the cheerleading team!*





健美操社下属的啦啦队是由通过管理层面试后、表现优秀的社员组成的，主要承担校园内外一些比赛及表演的任务。除平时的训练外，有专门的训练和排练时间。希望热爱健美操，有意愿加入啦啦队的同学踊跃报名，我们十分欢迎大家的到来！

The cheerleading team of the calisthenics club is composed of members who have passed the management interview and performed well. In addition to the usual training, there are special training and rehearsal time. We hope that the students who love aerobics and are willing to join the cheerleading team will sign up.

## 部门介绍

**策划部 (Planning Department)** : 社内社外各种活动策划、组织、分工。

*Various activities planning, organization, division of organization.*

**宣传部 (Publicity Department)** : 海报推文等常规宣传工作, 拉赞助, 活动

拍摄工作。 *Regular publicity work such as posters and tweets,*

*sponsorship, event shooting.*

**财务部 (Accounting Department)** : 社团资金的管理, 分配。 *Management*

*and allocation of funds of the organization.*

**秘书部 (Secretary Department)** : 提供文案, 协助社团管理。 *Provide*

*copywriting and assist in club management.*

**教学部 (Teaching Department)** : 协助舞蹈教学, 日常训练, 表演排练等。

*Assist in dance teaching, daily training, performance rehearsal, etc.*

Only 200 yuan of social fees, you can enjoy the perfect training environment, professional guidance, wonderful performance, dance learning!

只需 200 元的社费, 就可以享受完美的训练环境, 专业的指导, 精彩的演出, 舞蹈的学习啦

咨询群(Consulting group):



社长微信(WeChat of president):

